

TA WA LHNA7S KWIS NA CHAWNEXW

WHERE TO FIND INFORMATION
AND SUPPORT TO MAKE SURE
gambling stays fun



Where to find information and support to make sure
gambling stays fun – partially translated into
Skwxwú7mesh sníchim.

Find resources, tools and support at a
GameSense Info Centre.

GameSense

bclc

Stam melh tkwétsi nek'ilus tl'a TL'ETL'EXWÍTAY SYETSMÁYAKIN

What is the GAMESENSE INFO CENTRE?

Located in casinos and community gaming centres across BC, GameSense Info Centres are facilities that provide a variety of resources to help ensure gambling is a fun, affordable source of entertainment. GameSense Info Centres offer a range of interactive learning tools to help you understand how gambling works, including the rules of different games, the odds of winning and losing, and how randomness and unpredictability play a major part.

Our info centres are staffed with knowledgeable and helpful GameSense Advisors, who can answer most gambling-related questions, and help you find additional support when it's needed.

We can help you with:

- Tips to help you keep gambling fun
- The odds of winning and losing
- How different games work
- How randomness influences outcomes
- What “house advantage” means, and how it impacts what you can expect to lose or win
- Confronting the many myths about gambling

men yúu shaxw kwis tl'éxwtsut

(Know the Warning Signs)

The signs below may indicate a problem. The more signs a person shows, the greater the likelihood that he or she may have lost control of their gambling.



- **Gambling for longer and longer periods of time**
- **Lying about how much or how often they gamble**
- **Missing work or school to gamble**
- **Neglecting personal or family responsibilities to gamble**
- **Using gambling as an escape**
- **Gambling with money needed for paying bills**
- **Spending more money to recoup losses**

i txwnch7am wa télnexwas kwis esch'áwnexwaxw

(Finding Support)

There are steps you can take if you or someone you care about would like more information or support. **Gambling Support BC** is available 24/7 to offer free resources and services to anyone struggling with gambling.

Kwétsiwit wa xwníw ntm (BCLC's GameSense Advisors)

can also help provide information about supports available, including Game Break enrollment support. Call 1-866-815-0222 toll free and press 3 to connect with a kwétsiwit wa xwníw ntm.

páyem chexw

(Game Break)

Sometimes gambling stops feeling like a game. If you feel this way or find yourself gambling too much, the Game Break program may be right for you. When a person enrolls, they choose a period of time to exclude themselves from all facilities with slot machines, commercial bingo halls, or from accessing BCLC's online gambling website for either six months, one year, two years or three years. Talk to a GameSense Advisor or any staff member for more information.

TSI7 U KWI NACH SWELKW'ÁLS

HAVE OTHER QUESTIONS?

To learn more, visit GameSense.com,
visit a GameSense Info Centre,
located in all BC casinos and
community gaming centres, or
call 1-866-815-0222 for more
information.

Skwxwú7mesh sníchim is the language spoken by the Skwxwú7mesh Úxwumixw (the Squamish Nation). Skwxwú7mesh sníchim is one of 10 languages within the Coast Salish branch of the Coast Salish language family.

The titles and subheadings on this GameSense brochure were translated into Skwxwú7mesh sníchim by the Skwxwú7mesh Úxwumixw Language and Cultural Affairs department.

www.squamish.net

